

CONSTIPATION PREP INSTRUCTIONS

The following over the counter products will need to be purchased at any pharmacy:

- <u>One (1) 300ML bottle of clear magnesium citrate</u>
- <u>Two</u> (2) Dulcolax 5MG tablets
- <u>One(1)</u> Dulcolax 10MG suppository

One (1) day before your procedure on ______ at 6:00AM in the morning you will complete the following additional prep instructions:

- 1. DRINK ONE (1) 300ML BOTTLE OF CLEAR MAGNESIUM CITRATE
- 2. TAKE TWO (2) DULCOLAX 5MG TABLETS
- 3. USE ONE (1) DULCOLAX 10MG SUPPOSITORY

<u>REMINDER</u>: You will be on a <u>**CLEAR LIQUID DIET ALL DAY on**</u>

_____. Please reference the Outpatient Colonoscopy Preparation Sheet for your clear liquid diet restrictions and instructions on how to complete your colonoscopy preparation kit.